



Youth Soccer Rules and Regulations

Preschool League

All rules will follow the NFHS rules with the following exceptions:

General

- All boys/girls must play in at least half the game
- Throw-ins: correct technique is encouraged, but game will continue if throw in is improper
- No Goalies will be used.
- Shin guards are Encouraged. **NO METAL CLEATS**
- Preschool grade will play with a size three ball
- Preschool grade will play 5 v 5
- NO offsides will be called
- NO slide tackling
- NO penalty kicks
- On all free kicks (goal kick, corner kick, etc.) all opposing players should be at least 4 yards away from the ball.
- No abusive language or behavior to the players or officials
- This league is to better develop the skills of the individual as players and as a team

Timing

- Preschool grade- Two 15-minute halves. The clock will run continuously
- Unlimited substitution will occur at the discretion of the referee at dead balls
- One minute in between each quarter
- Halftime will be after the first half.
- 3-minute halftime



Youth Soccer Rules and Regulations

Kindergarten League

All rules will follow the NFHS rules with the following exceptions:

General

- All boys/girls must play in at least half the game
- Throw-ins: correct technique is encouraged, but game will continue if throw in is improper
- No Goalies will be used.
- Shin guards are Encouraged. **NO METAL CLEATS**
- Kindergarten grade will play with a size three ball
- Kindergarten grade will play 5 v 5
- NO offsides will be called
- NO slide tackling
- NO penalty kicks
- On all free kicks (goal kick, corner kick, etc.) all opposing players should be at least 4 yards away from the ball.
- No abusive language or behavior to the players or officials
- This league is to better develop the skills of the individual as players and as a team

Timing

- Kindergarten grade- Two 15-minute halves. The clock will run continuously
- Unlimited substitution will occur at the discretion of the referee at dead balls
- One minute in between each quarter
- Halftime will be after the first half.
- 3-minute halftime



Youth Soccer Rules and Regulations

1st -2nd Grade

All rules will follow the NFHS rules with the following exceptions:

General

- All boys/girls must play in at least half the game
- Goal sizes- 1st-2nd grade 10' x 7'
- Throw-ins: correct technique is encouraged, but game will continue if throw in is improper
- There are goalkeepers (If they are not wanted both coaches must agree)
- Shin guards are Encouraged. **NO METAL CLEATS**
- 1st -2nd grade will play with a size three ball
- 1st -2nd grade will play 6 v 6 (Goalie +5)
- NO offsides will be called
- NO slide tackling
- NO penalty kicks
- On all free kicks (goal kick, corner kick, etc.) all opposing players should be at least 4 yards away from the ball.
- No abusive language or behavior to the players or officials
- This league is to better develop the skills of the individual as players and as a team

Timing

- 1st-2nd grade- Two 20-minute halves. The clock will run continuously
- Unlimited substitution will occur at the discretion of the referee at dead balls
- Five-minute halftime



Youth Soccer Rules and Regulations

3rd - 5th Grade

All rules will follow the NFHS rules with the following exceptions:

General

- All boys/girls must play in at least half the game
- Goal sizes-4th-5th grade 12' x 6'
- Throw-ins: will be proper, if not will be retaken by same player
- Shin guards are REQUIRED. **NO METAL CLEATS**
- A size 4 ball will be used
- 4th-5th grade will play 8 v 8 (Goalie +7)
- Offsides will be called
- NO slide tackling
- Penalty kicks will be taken at 10 yards.
- On all free kicks (goal kick, corner kick, penalty kick, etc.) all opposing players should be at least 8 yards away from the ball.
- No abusive language or behavior to the players or officials
- This league is to better develop the skills of the individual as players and as a team

Timing

- 3rd -5th grades two 25 min halves
- Unlimited substitution will occur at the discretion of the referee at dead balls
- Three-minute halftime



Youth Soccer Rules and Regulations

6th-8th Grade

All rules will follow the NFHS rules with the following exceptions:

General

- All boys/girls must play in at least half the game
- Goal sizes- High School Standard
- Throw-ins: will be proper, if not will be retaken by same player
- Shin guards are REQUIRED. **NO METAL CLEATS**
- A size five ball will be used
- 6th-8th grade will play 9 v 9 (Goalie +8)
- Offsides will be called
- NO slide tackling
- Penalty kicks will be taken at 10 yards.
- On all free kicks (goal kick, corner kick, penalty kick, etc.) all opposing players should be at least 8 yards away from the ball.
- No abusive language or behavior to the players or officials
- This league is to better develop the skills of the individual as players and as a team

Timing

- 6th-8th grades two 25 min halves
- Unlimited substitution will occur at the discretion of the referee at dead balls
- Three-minute halftime